

# Advanced NMR & Imaging

Lecture 2: Principles of Magnetic Resonance Imaging

# Bibliography for the Course

M. Goldman *A Quantum Description of NMR in Liquids*; Clarendon Press: Oxford, 1988.

A. Abragam *Principles of Nuclear Magnetism*; Clarendon Press: Oxford, 1961.

C. P. Slichter *Principles of Nuclear Magnetic Resonance*; 3rd ed.; Springer-Verlag: New York, 1990.

R. R. Ernst, G. Bodenhausen and A. Wokaun *Principles of Nuclear Magnetic Resonance in One and Two Dimensions*; Clarendon Press: Oxford, 1987.

L. Emsley, *An Outline of Quantum Mechanics for Nuclear Magnetic Resonance*,  
Moodle: [QM4NMR.pdf](#)

A.E Derome, *Modern NMR Techniques for Chemistry Research*, Pergamon Press, Oxford, 1987.

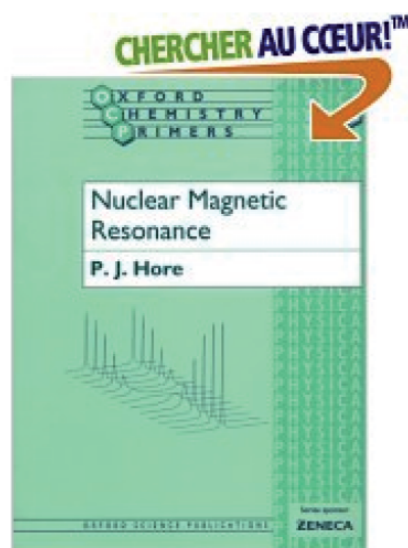
R. Freeman, *A Handbook of Nuclear Magnetic Resonance*, Wiley, New York, 1987.

Malcolm H. Levitt, *Spin Dynamics, Basics of Nuclear Magnetic Resonance*, Wiley, New York, 2001.

James Keeler, *Understanding NMR spectroscopy*, Wiley, New York, 2005.

*The Encyclopedia of NMR*, Grant, D. M., Harris, R. K., Eds., J. Wiley & Sons: London, 1995.

# Bibliography for the Course



## Nuclear Magnetic Resonance (Broché)

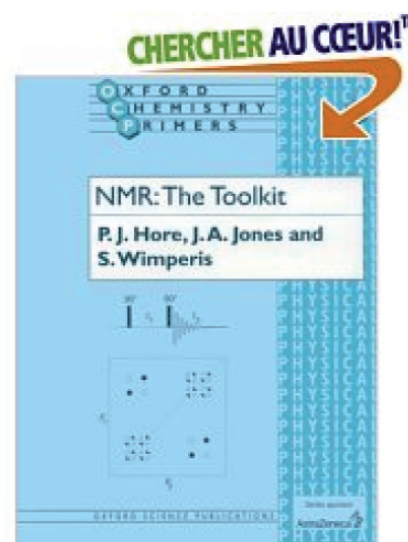
de [P. J. Hore](#) (Auteur) "Molecules are inconveniently small-too small to be observed and studied directly ..." [\(plus\)](#)  
Aucun commentaire client existant. [Soyez le premier.](#)

**Prix : EUR 14,72 LIVRAISON GRATUITE** [Voir les détails](#)

**Disponibilité :** Habituellement expédié sous 2 à 4 semaines. Expédié et vendu par **Amazon.fr**. Emballage cadeau disponible.

[13 neufs et d'occasion](#) disponibles à partir de **EUR 13,72**

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## Nmr: The Toolkit (Broché)

de [Peter Hore](#) (Auteur), [Jonathan Jones](#) (Auteur), [Stephen Wimperis](#) (Auteur) "The so-called vector model of NMR spectroscopy is an essential weapon in the armoury of every practising NMR spectroscopist because it provides the sort of..." [\(plus\)](#)  
Aucun commentaire client existant. [Soyez le premier.](#)

**Prix : EUR 16,63 LIVRAISON GRATUITE** [Voir les détails](#)

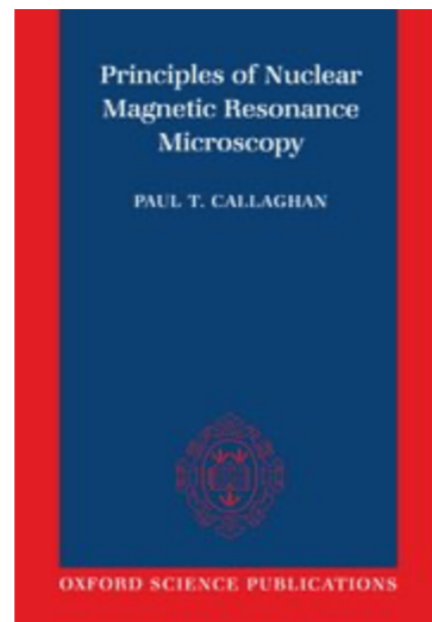
**Disponibilité :** Habituellement expédié sous 1 à 3 semaines. Expédié et vendu par **Amazon.fr**. Emballage cadeau disponible.

[8 neufs et d'occasion](#) disponibles à partir de **EUR 14,18**

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# Bibliography for the Course

for magnetic resonance imaging



## Principles of Nuclear Magnetic Resonance Microscopy

**The late Paul T. Callaghan**

[Clarendon Press](#)

This highly successful book, details the underlying principles behind the use of magnetic field gradients to image molecular distribution and ...

and many, many, many other textbooks and internet based resources....

# Objectives

- Understand how NMR spectra can reflect spatial distributions
- Understand the role of magnetic field gradients
- Understand the notion of inverse ( $k$ ) space and how to acquire image data in several dimensions

# The Zeeman Effect

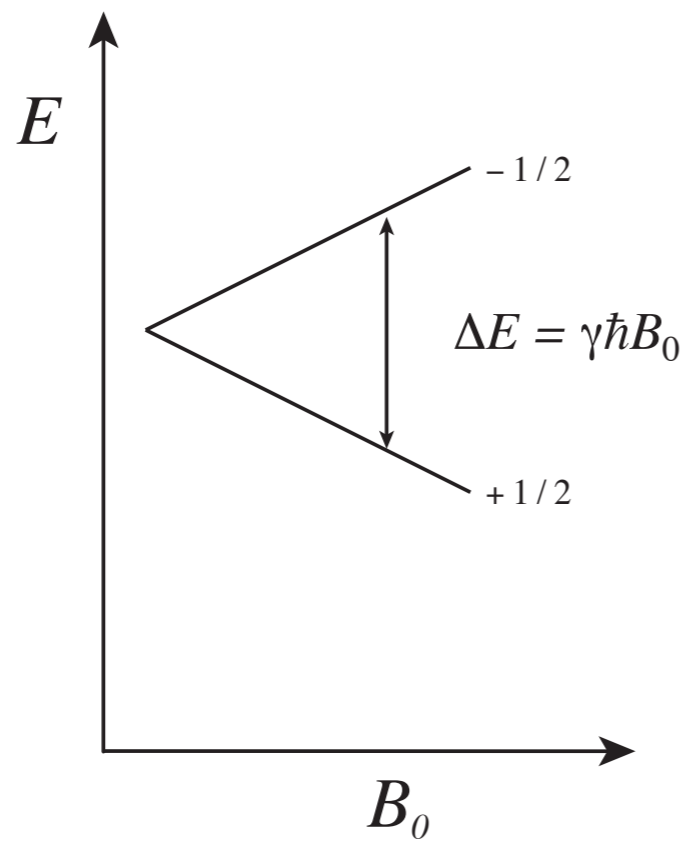
*The NMR experiment* consists in putting a sample in a magnetic field and observing the consequent **transitions between energy levels of the nucleus** whose degeneracy is lifted by the field.

The property is (nuclear) **SPIN** (quantum number  $m$ ), and  $m$  can take values

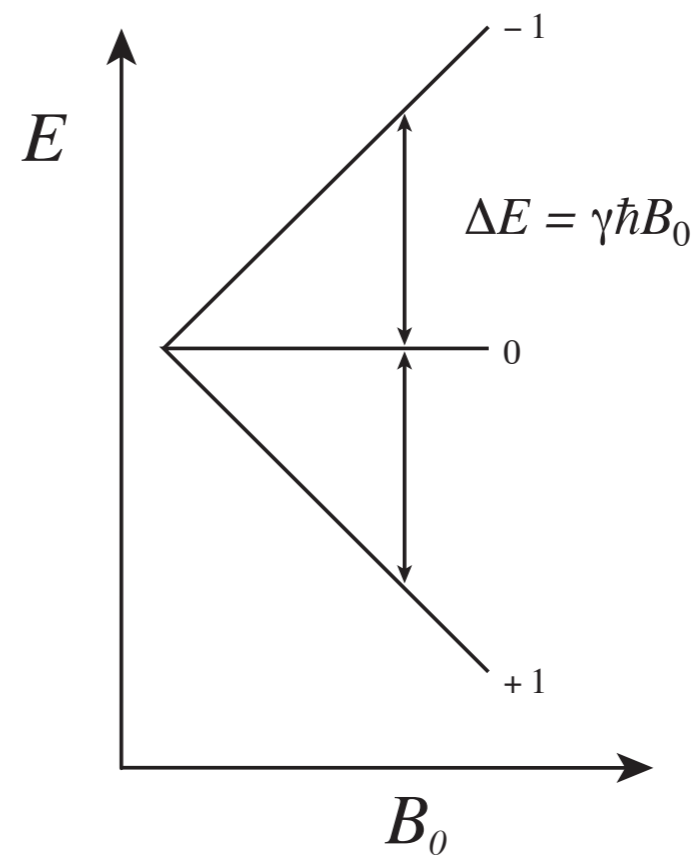
0, 1/2, 1, 3/2, 2, 5/2 ....

# The Zeeman Effect

spin  $I = 1/2$

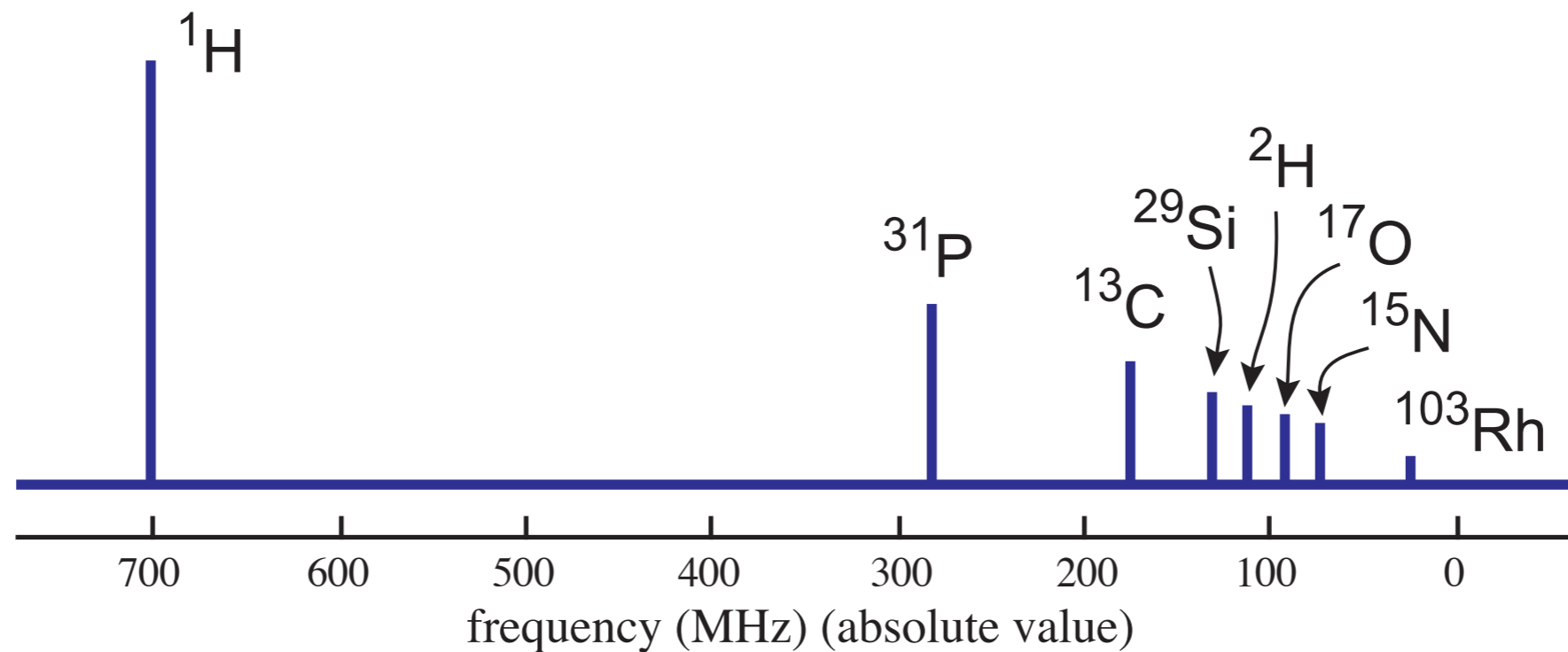


spin  $I = 1$



# The Zeeman Effect

$$B_0 = 16.45 \text{ T}$$

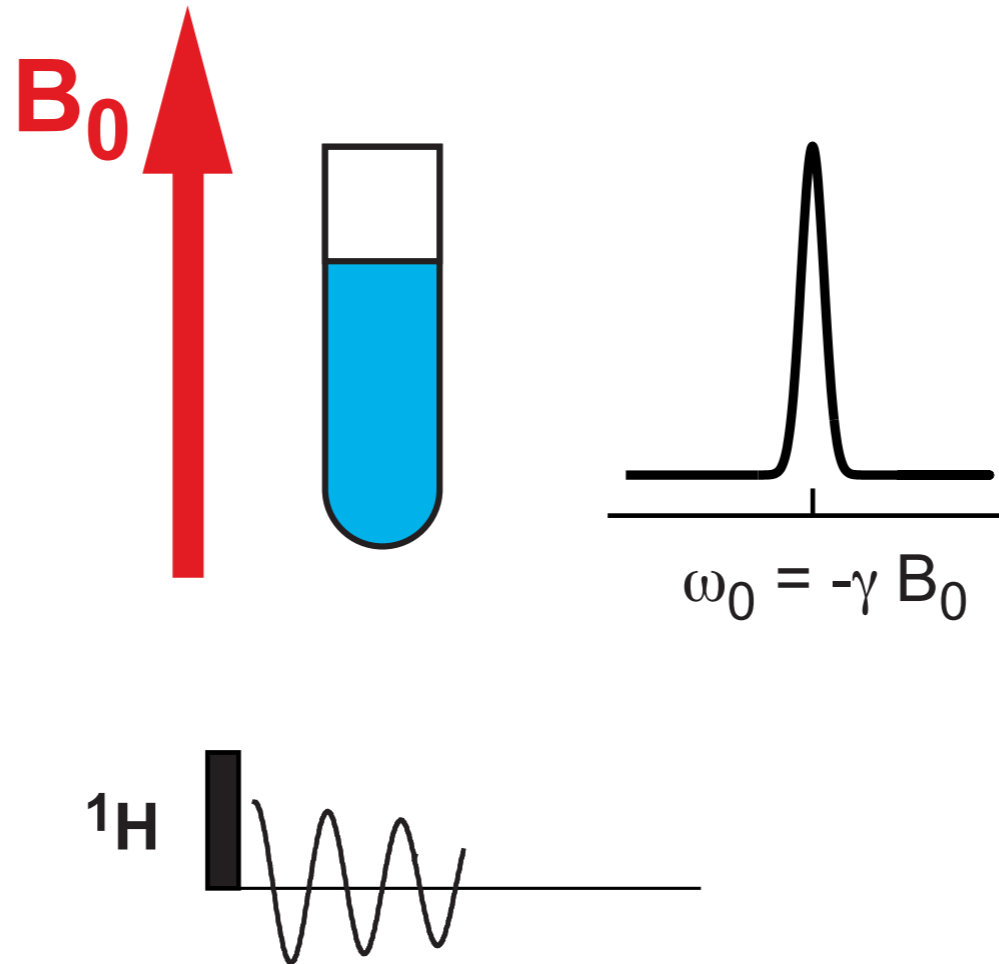


**The Larmor Theorem** states that the motion of a magnetic moment in a magnetic field ( $B_0$ ) is a precession around that field at a frequency

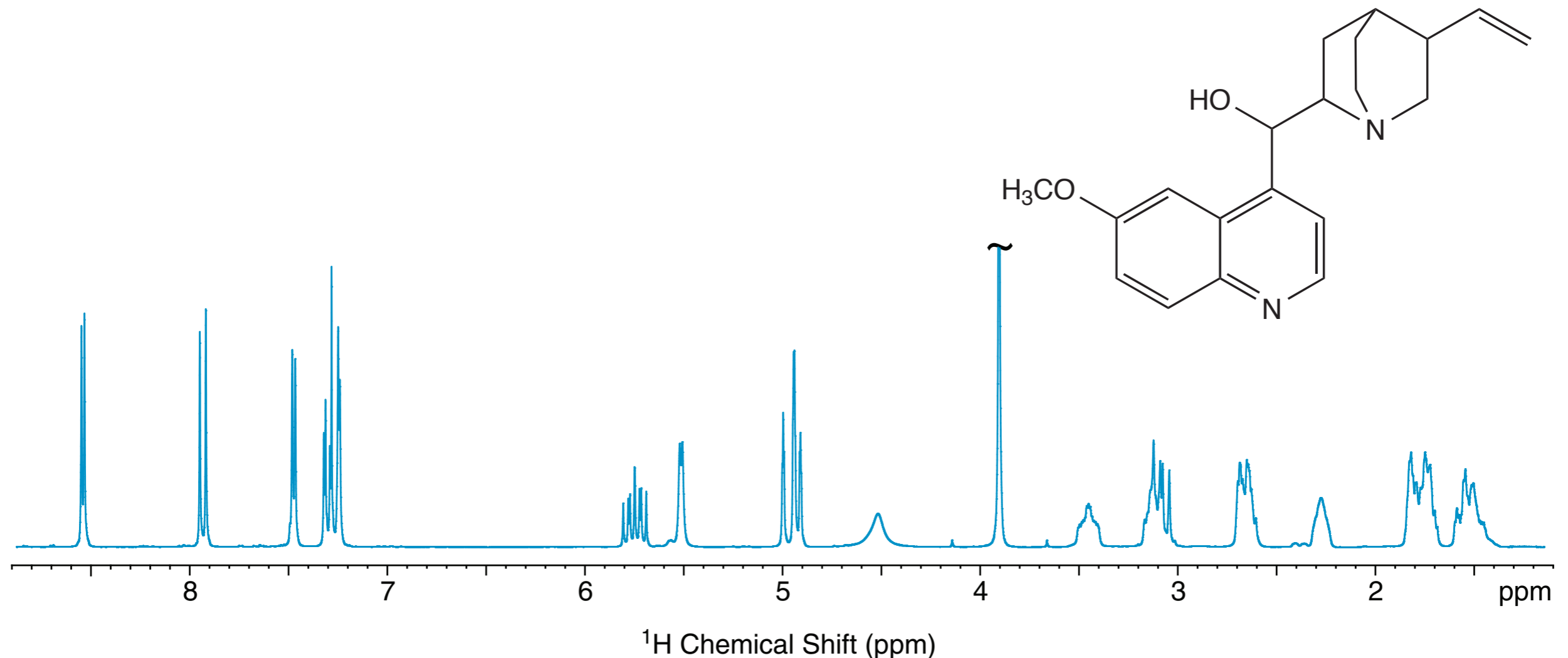
$$\omega_0 = -\gamma B_0$$

# Principles of Magnetic Resonance Imaging

*Spectroscopy*



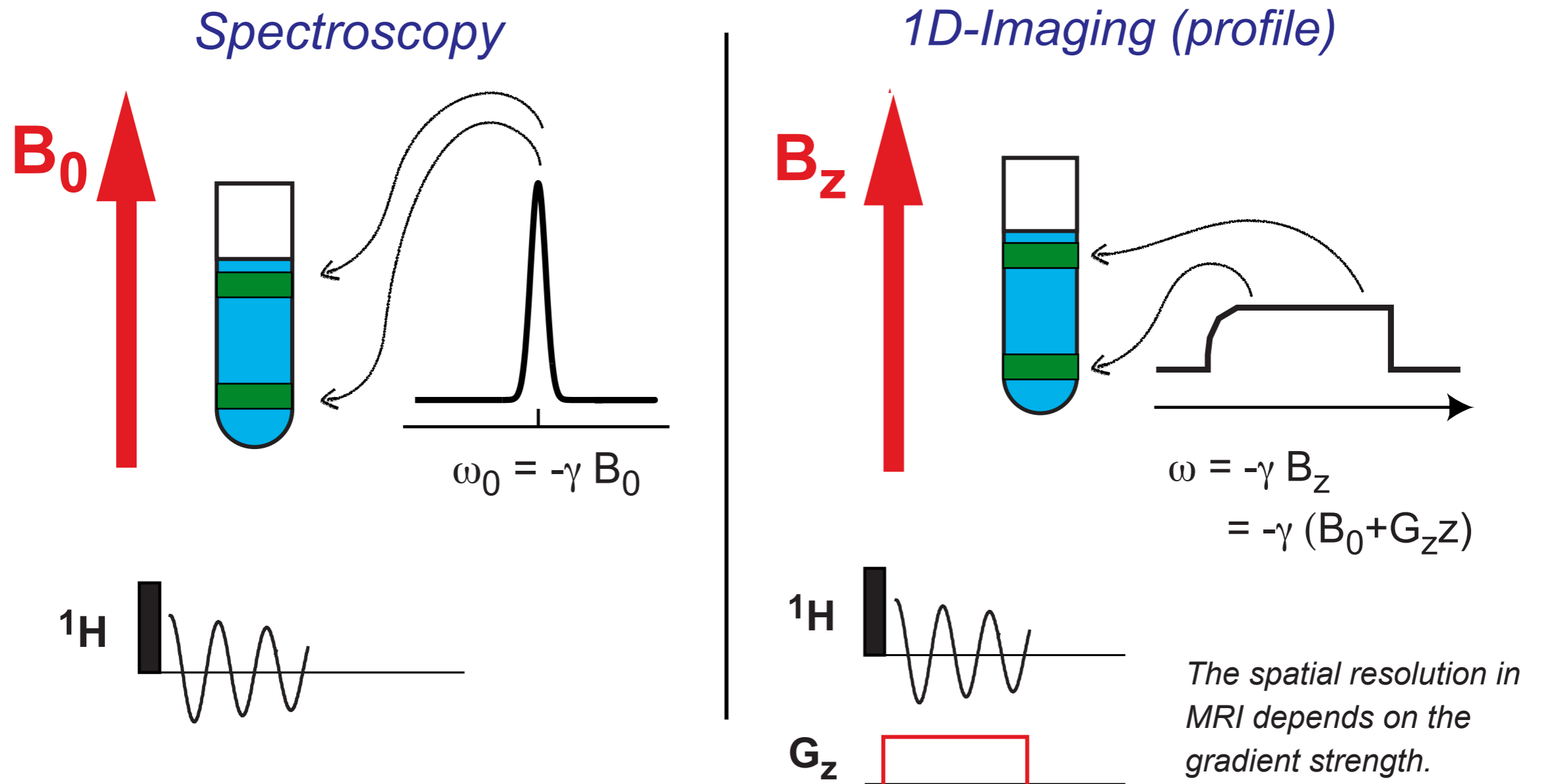
# Principles of Magnetic Resonance Imaging



In spectroscopy, we adjust the **homogeneity** of the magnetic field so that all the molecules in the whole sample experience exactly the same field to within  $< 1$  Hz (0.002 ppm).

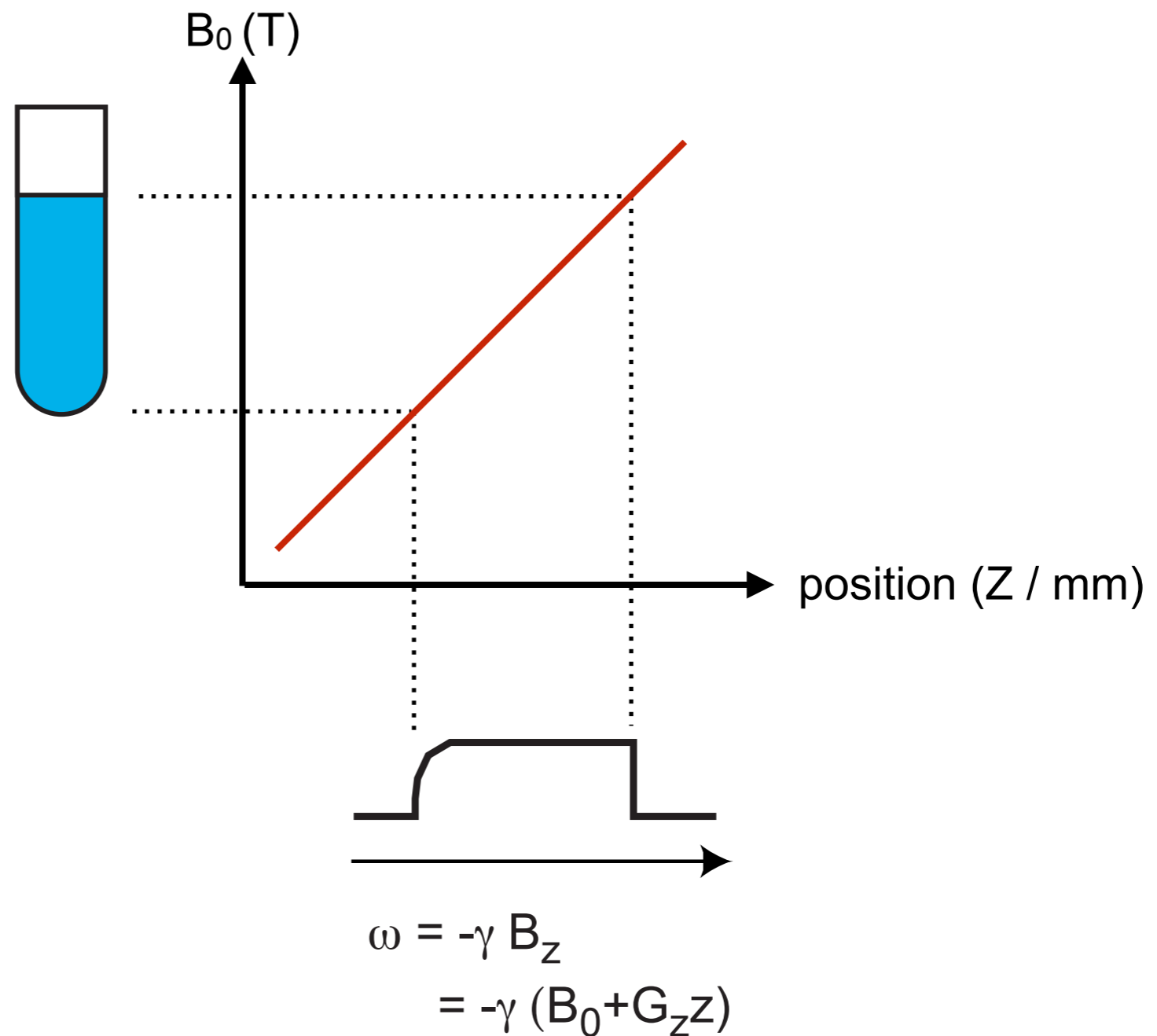
This allows resolution of very small differences in resonance frequencies, due to different shielding of different nuclei by their electrons (chemical shifts), or due to the spin states of other nearby nuclei (J-couplings).

# Principles of Magnetic Resonance Imaging



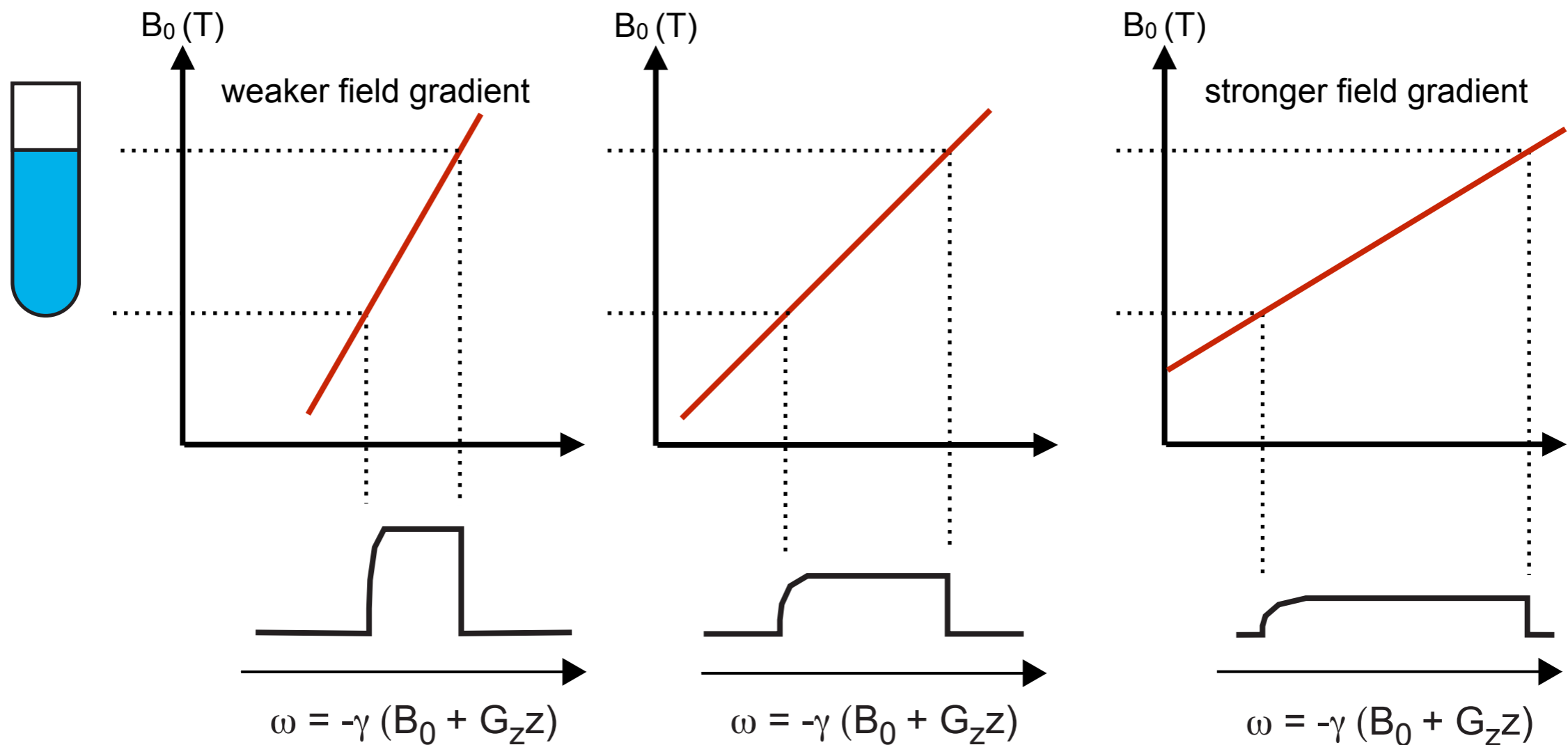
In imaging, we adjust the applied magnetic field **to deliberately create a magnetic field gradient along a given spatial direction** so that the molecules in the sample have a resonance frequency that is related to their position.

# Principles of Magnetic Resonance Imaging



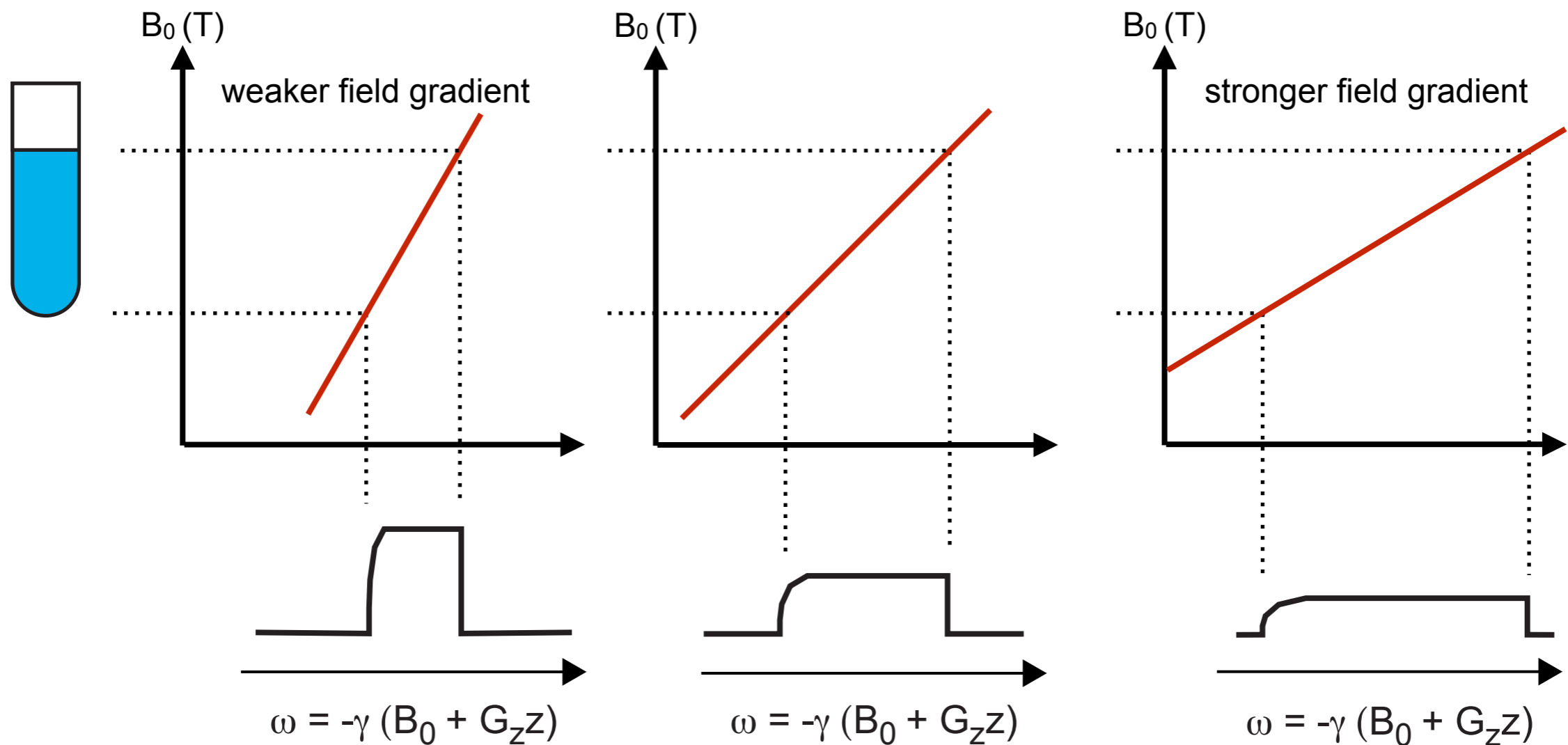
For a constant field gradient, the NMR spectrum for a given species (e.g. the  $^1\text{H}$  in  $\text{H}_2\text{O}$ ) will be the projection of the spin density of that species onto the axis of the gradient.

# Principles of Magnetic Resonance Imaging



For a constant field gradient, the NMR spectrum for a given species (e.g. the  $^1\text{H}$  in  $\text{H}_2\text{O}$ ) will be the projection of the spin density of that species onto the axis of the gradient. The stronger the applied field gradient, the greater the spatial dispersion in Hz/mm. The stronger the applied field gradient, the weaker the signal (the total integrated signal integral is proportional to the number of spins in the sample, and is a constant).

# Principles of Magnetic Resonance Imaging

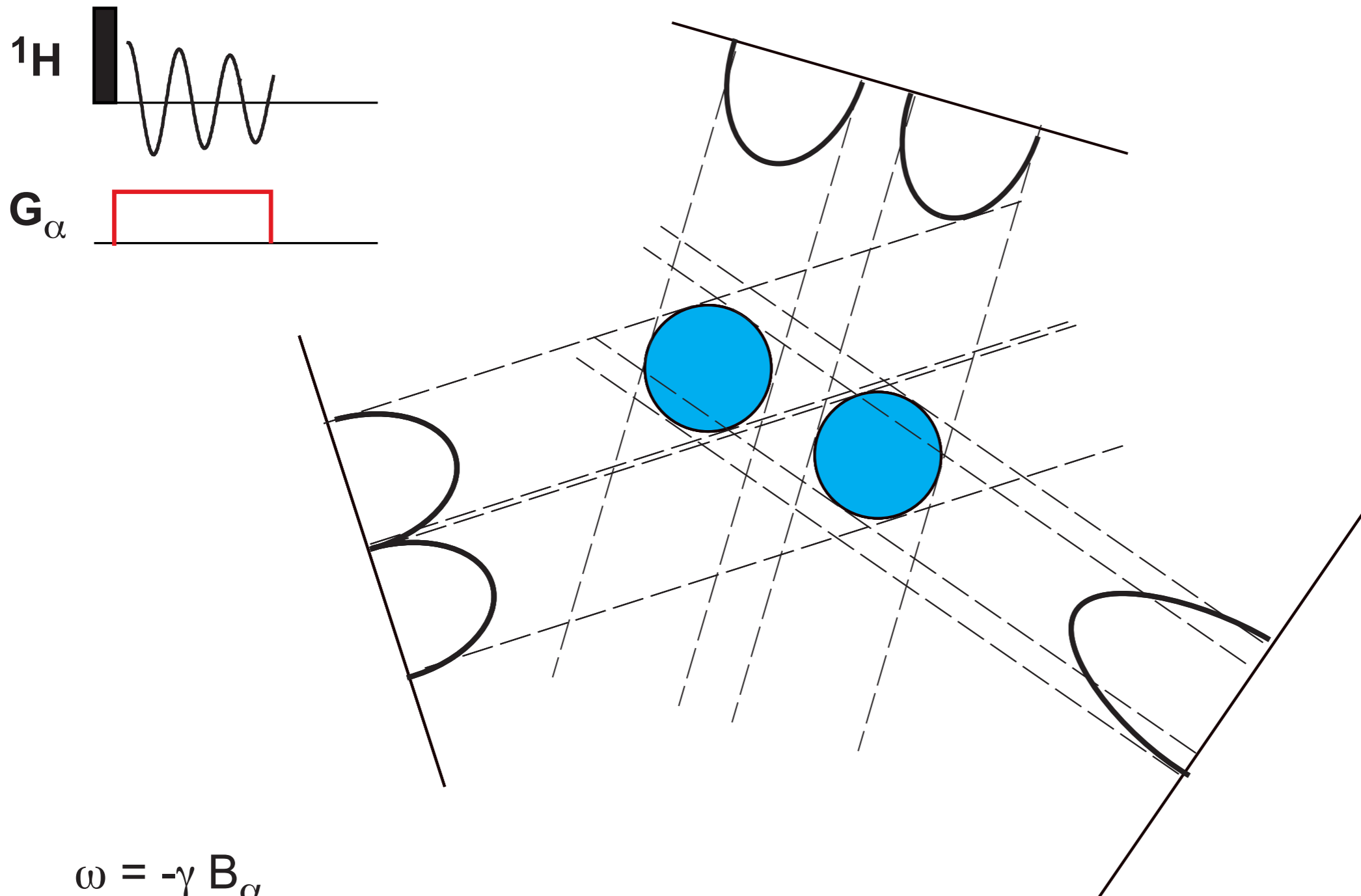


The maximum spatial resolution  $\rho$  in the image is given by the ratio between the intrinsic line width of the analyte (e.g.  $\text{H}_2\text{O}$ )  $\Delta^*$  in Hz and the dispersion induced by the gradient in Hz/mm  $d$ ,  $\rho = \Delta^* / d$ .

For example, if the applied gradient induces 10 Hz/mm of dispersion, and the intrinsic line width is 1 Hz, then  $\rho = 1 / 10 = 0.1$  mm.

# Multi-Dimensional Imaging?

*change the gradient direction: (i) projection reconstruction*

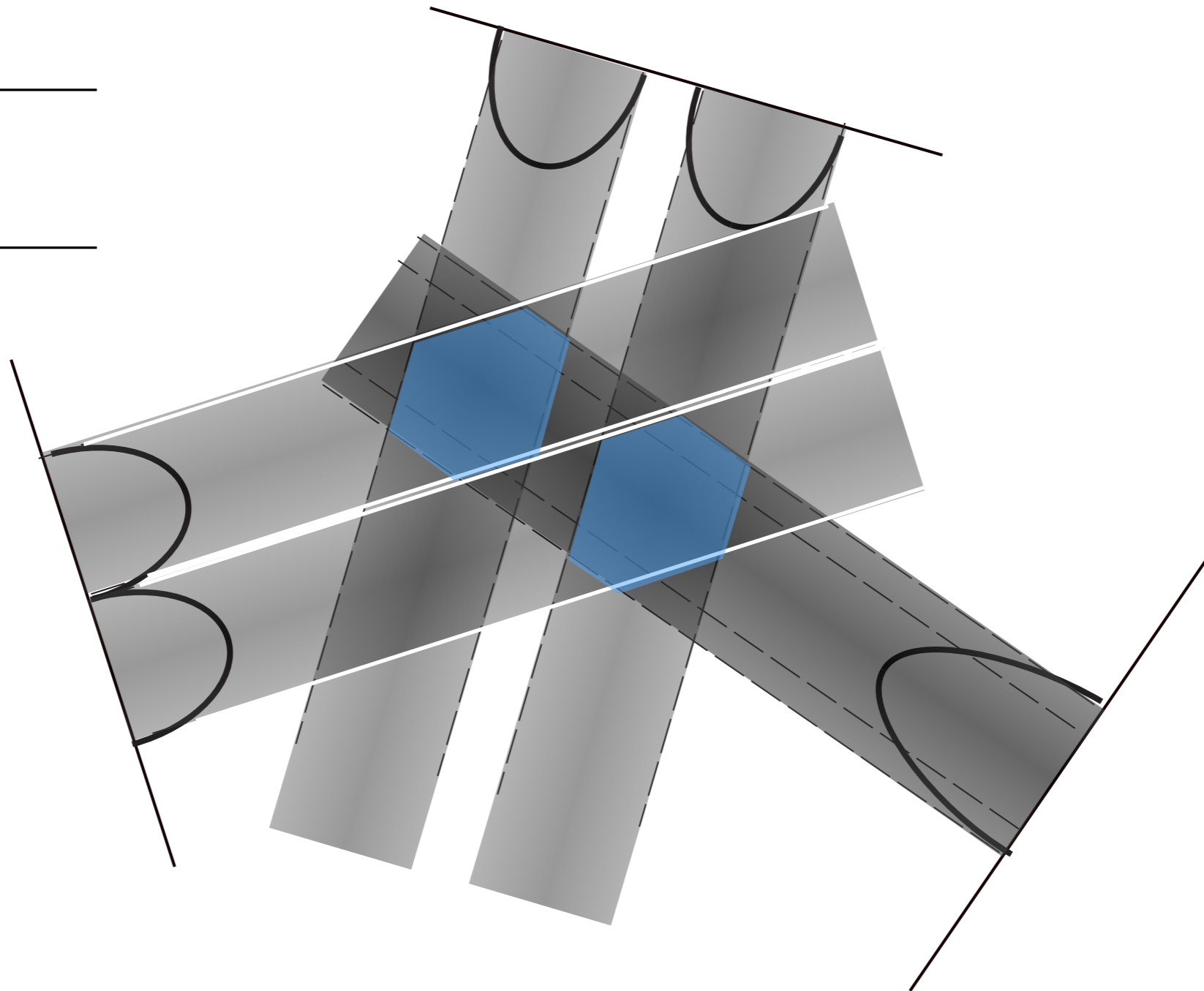
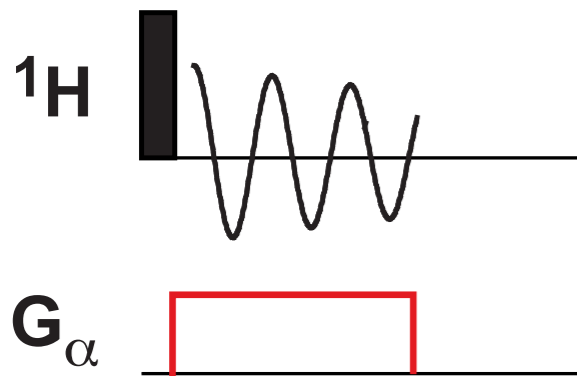


$$\omega = -\gamma B_\alpha$$

$$= -\gamma (B_0 + G_\alpha \alpha)$$

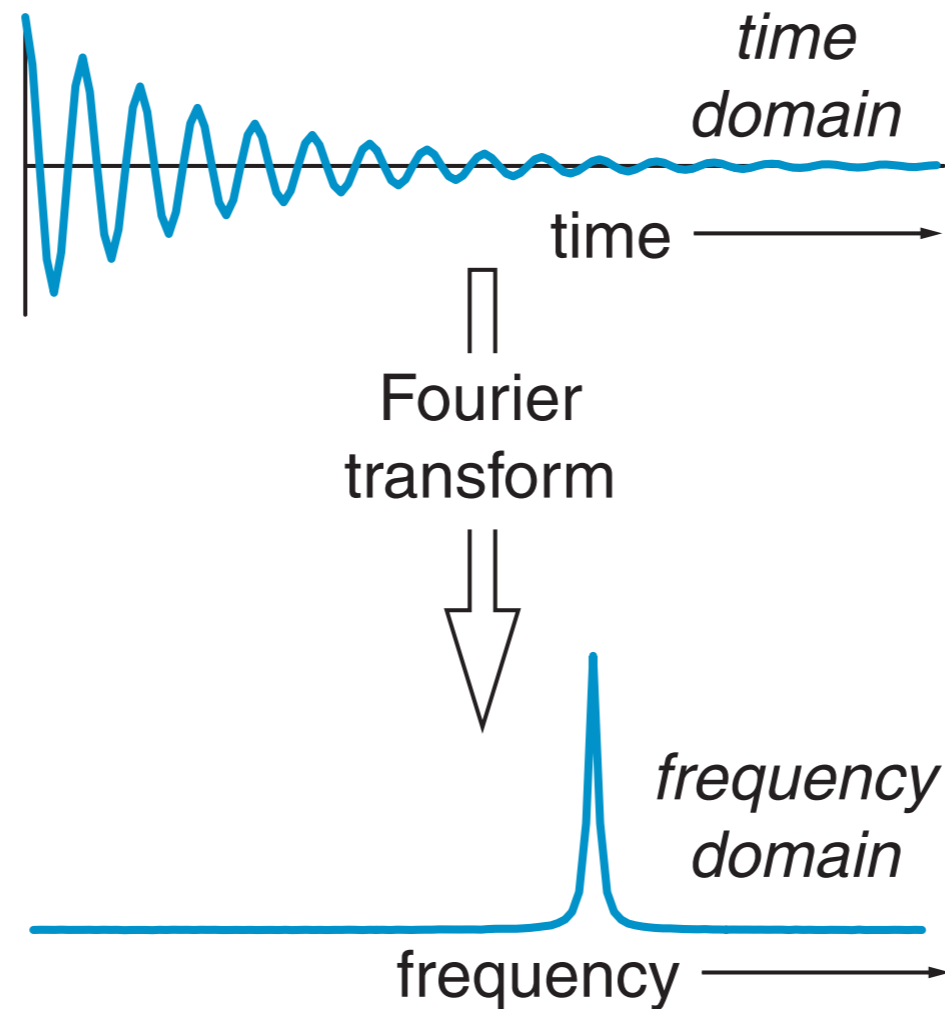
# Multi-Dimensional Imaging?

*change the gradient direction: (i) projection reconstruction*



$$\begin{aligned}\omega &= -\gamma B_\alpha \\ &= -\gamma (B_0 + G_\alpha \alpha)\end{aligned}$$

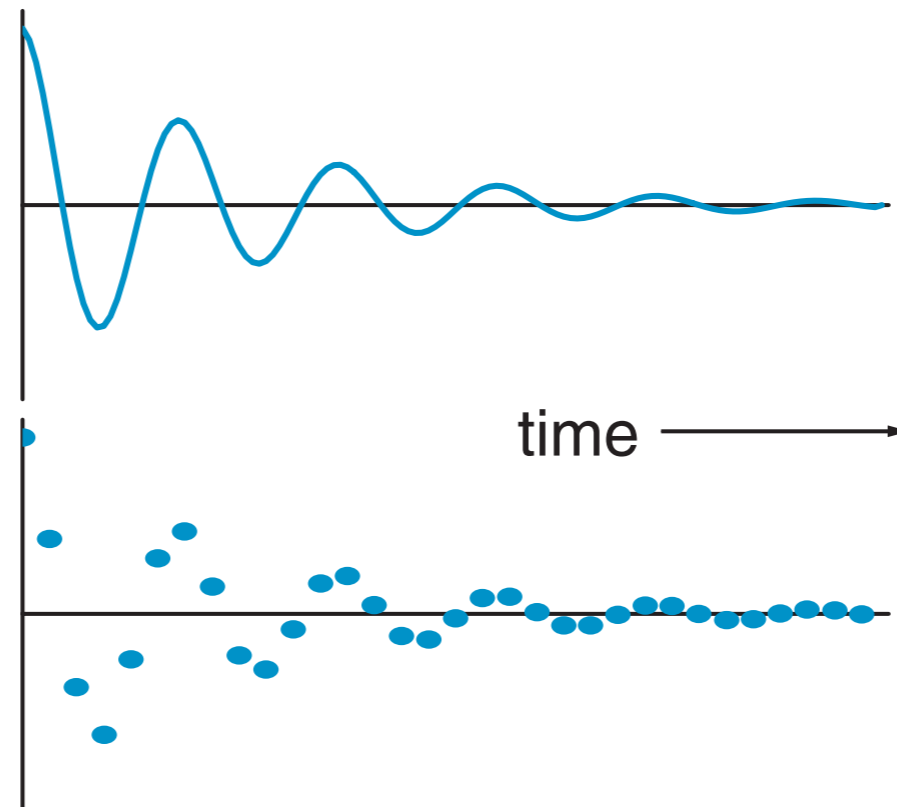
# Fourier transform NMR: Time domain signals



$$I(\omega) = \int S(t) \exp\{-i\omega t\} dt$$

The Fourier transform is a mathematical process which turns a time-domain signal, the FID, into a frequency-domain signal, the spectrum.

# How does the detection period work in the ordinary experiment?

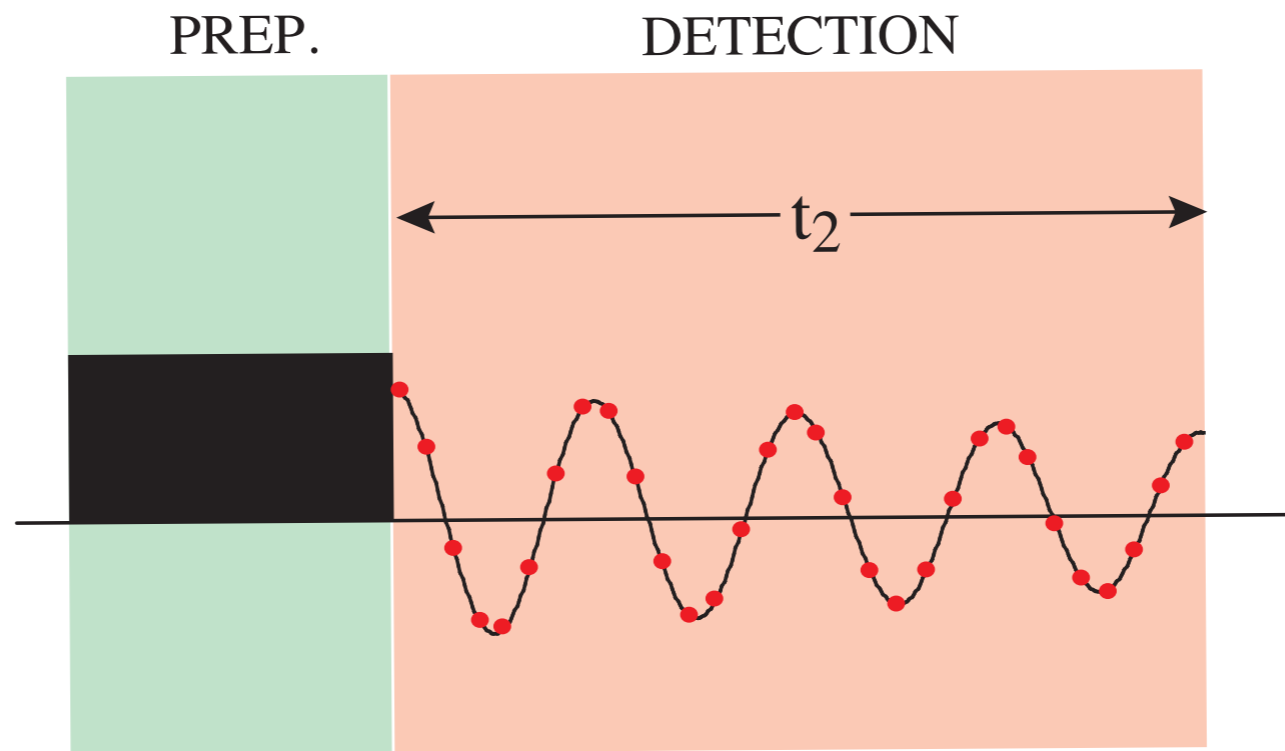


The amplitude of the FID varies as a function of time.

In order to be able to manipulate this time-domain signal in a computer, the signal is digitized at regular intervals.

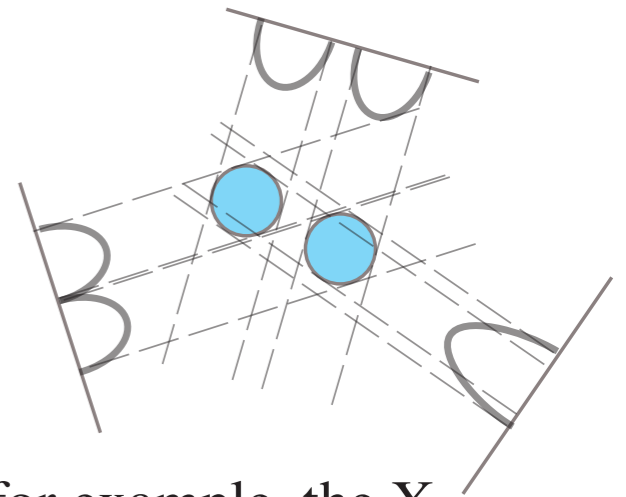
$$I(\omega) = \sum_{i=1}^N S(t_i) \exp\{-i\omega t_i\} dt$$

# Time Domain Spectroscopy



# Multi-Dimensional Imaging?

## (i) Projection Reconstruction; *k*-space



The free induction decay during acquisition in presence of a gradient along, for example, the X direction, is given by

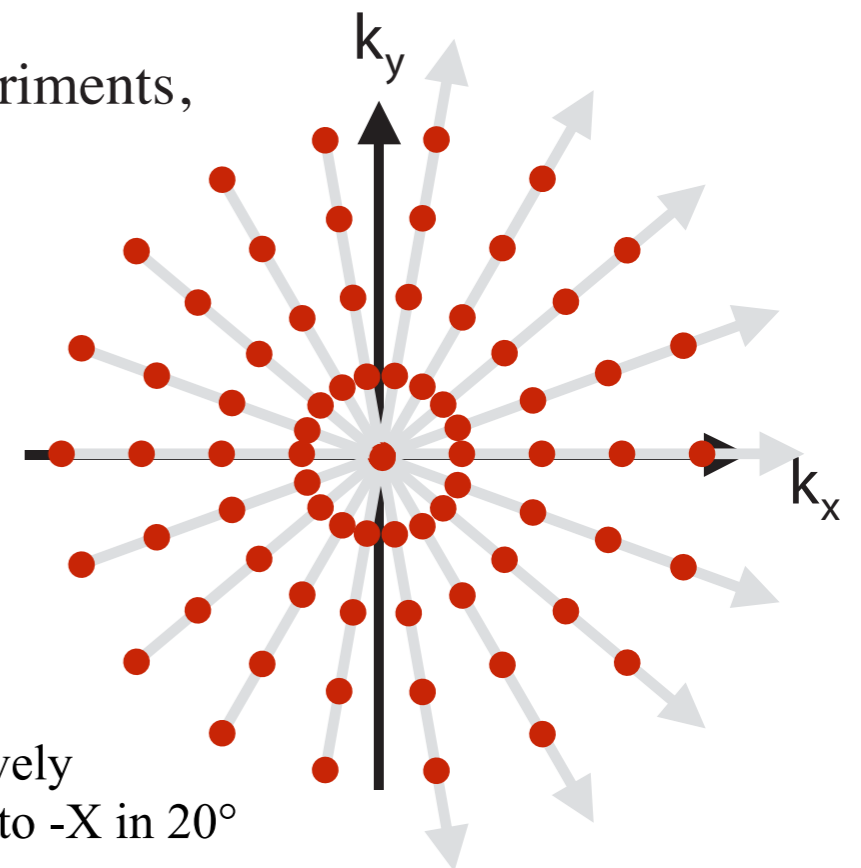
$$s(t_2) = \int \rho(X) \exp\{i\gamma X G_X t_2\} dX$$

where  $G_X = dB_z/dX$  and we immediately see that the Fourier transform of the signal leads to a spectrum corresponding to a projection of the spin density onto the X axis.

We often talk about *k*-space (or reciprocal space) in imaging experiments, where the *k*-vector is given by  $k_X = \gamma G_X t_2$ . Then we have

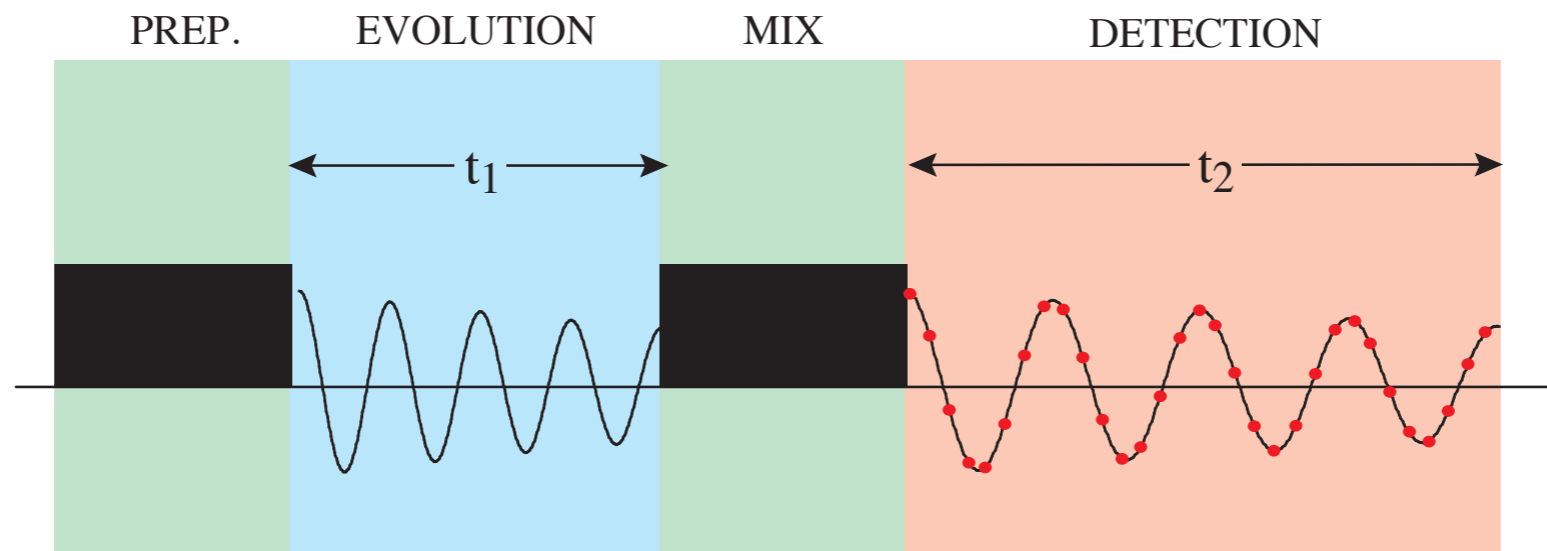
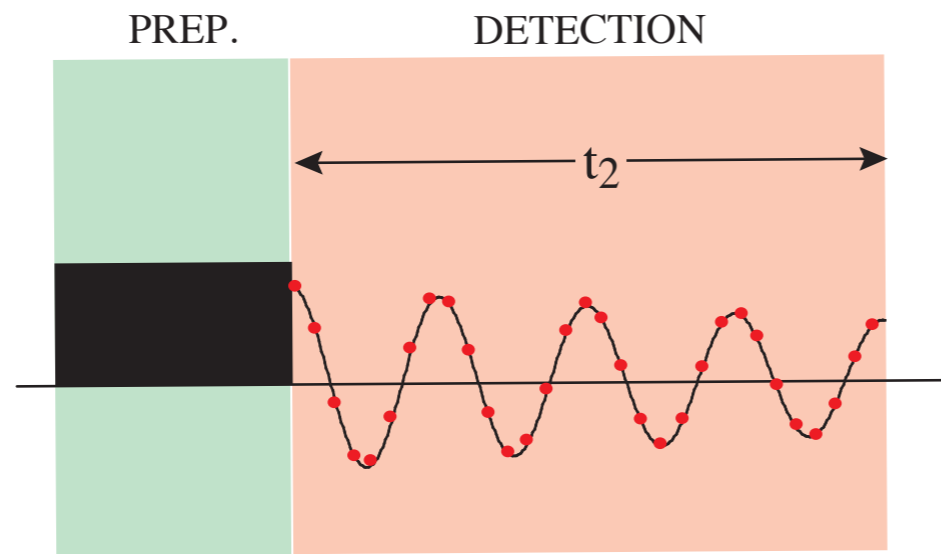
$$s(t_2) = \int \rho(X) \exp\{ik_X X\} dX .$$

We can now look at the NMR signal in *k*-space. For projection reconstruction we find the following.

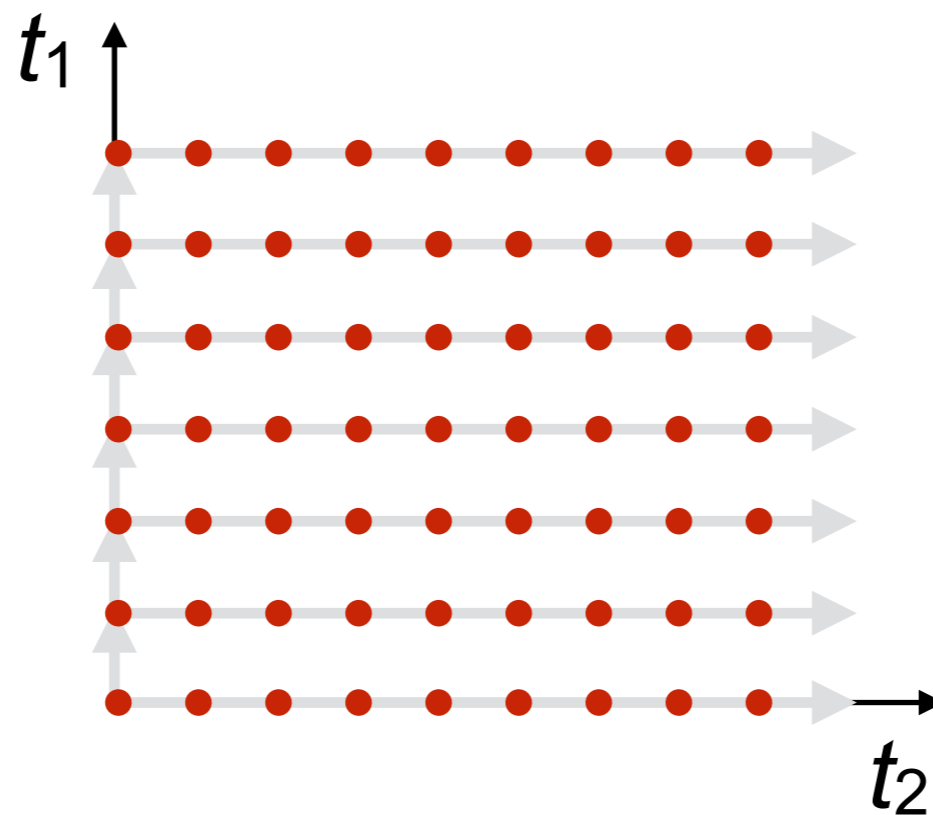
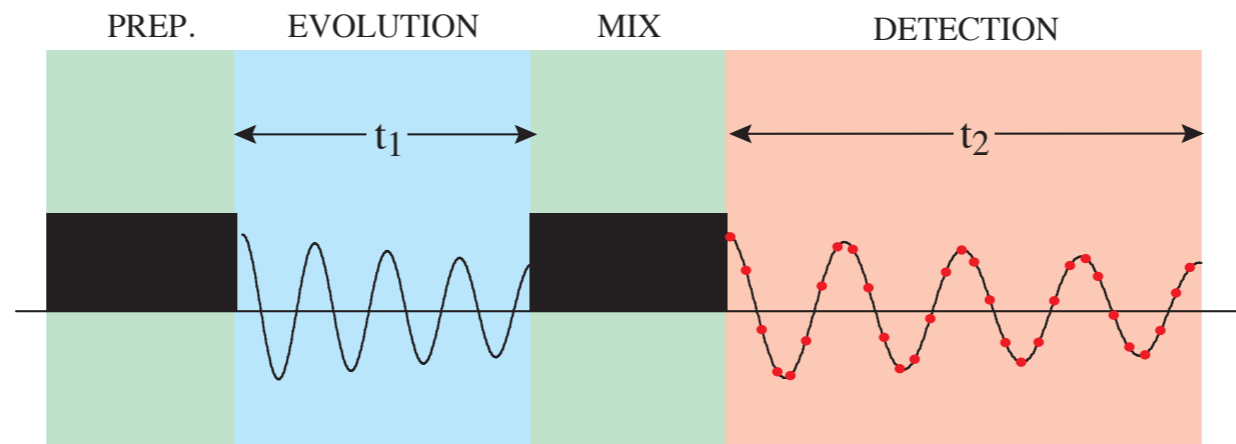


In this example, the experiment consists of acquiring 9 projections, progressively incrementing the gradient direction from being parallel to X to being parallel to -X in 20° steps

# Principles of Multi-Dimensional Spectroscopy



# Principles of Multi-Dimensional Spectroscopy



$n$ th experiment,  $t_1 = (n-1)\Delta t$

•  
•  
•  
•  
•

3rd experiment,  $t_1 = 2\Delta t$

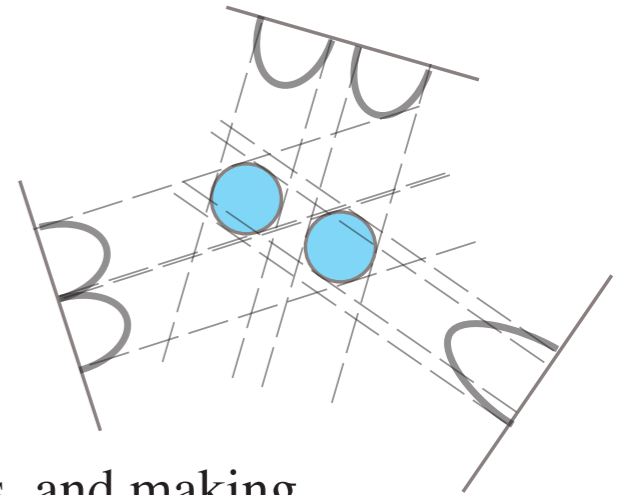
2nd experiment,  $t_1 = \Delta t$

1st experiment,  $t_1 = 0$

We can fill a two-dimensional time domain with data by repeating the experiment, with acquisition along  $t_2$  in each experiment, and with  $t_1$  being incremented progressively from one experiment to the next.

# Multi-Dimensional Imaging?

## (ii) Fourier Imaging



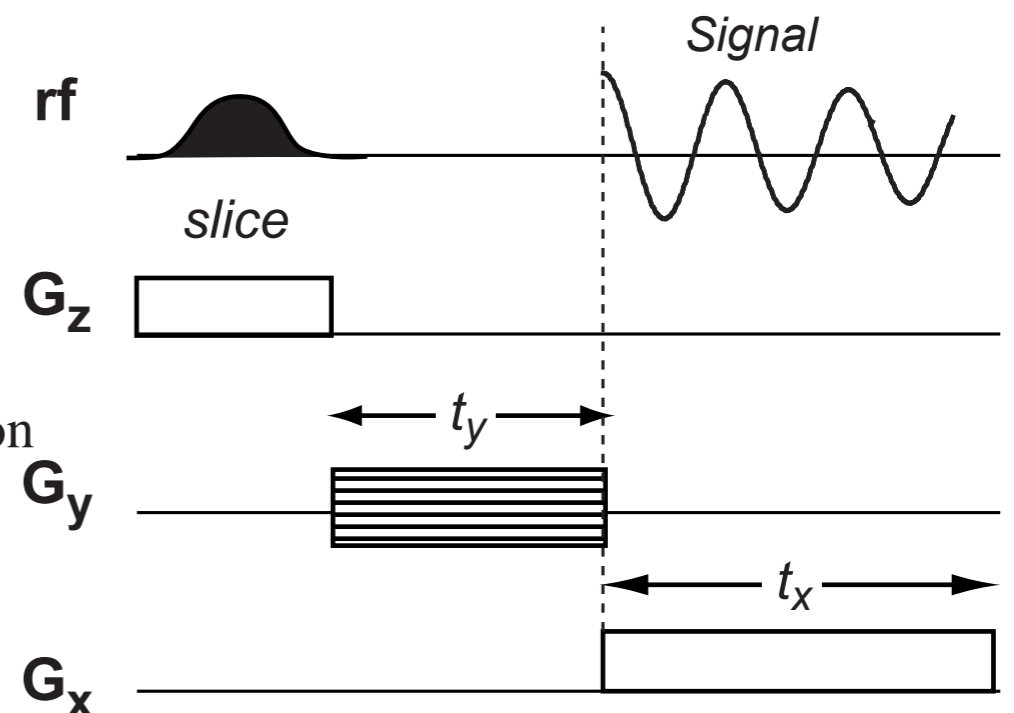
Projection reconstruction over samples the center part of  $k$ -space, inducing artifacts, and making processing complicated. However, from our experience of multi-dimensional spectroscopy, we should see that there is a much more straightforward way to sample  $k$ -space, which yields the following signal, with  $k_X = \gamma G_X t_X$  and  $k_Y = \gamma G_Y t_Y$ :

$$s(k_X, k_Y) = \int \rho(X, Y) \exp\{i(k_X X + k_Y Y)\} dX dY$$

Double Fourier transform yields a two dimensional image along the gradient directions X and Y.

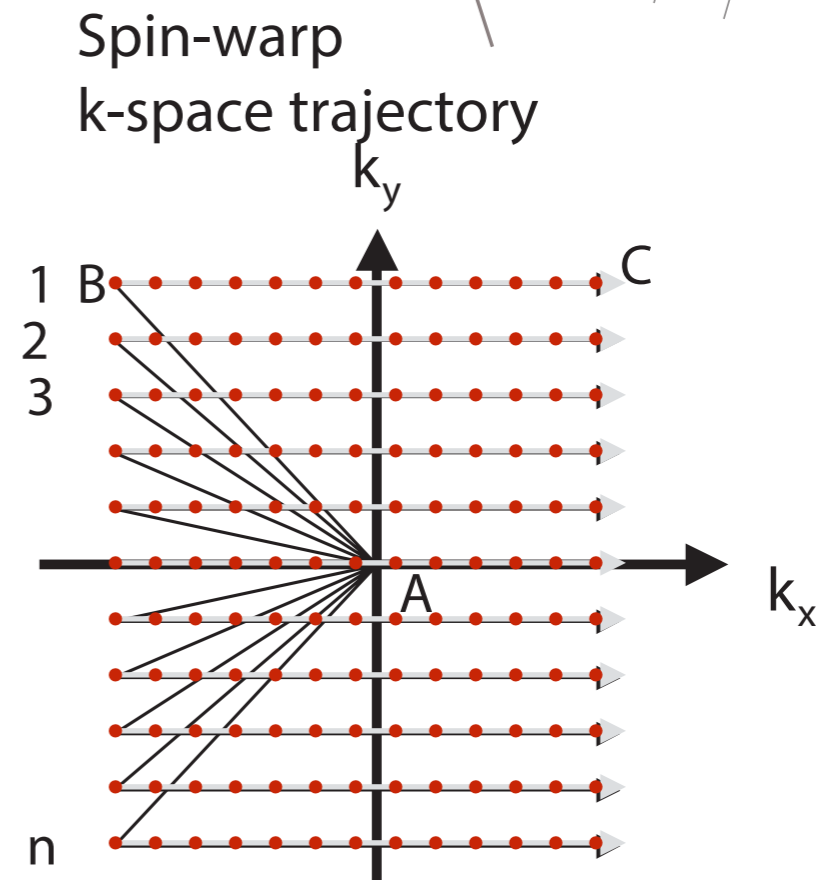
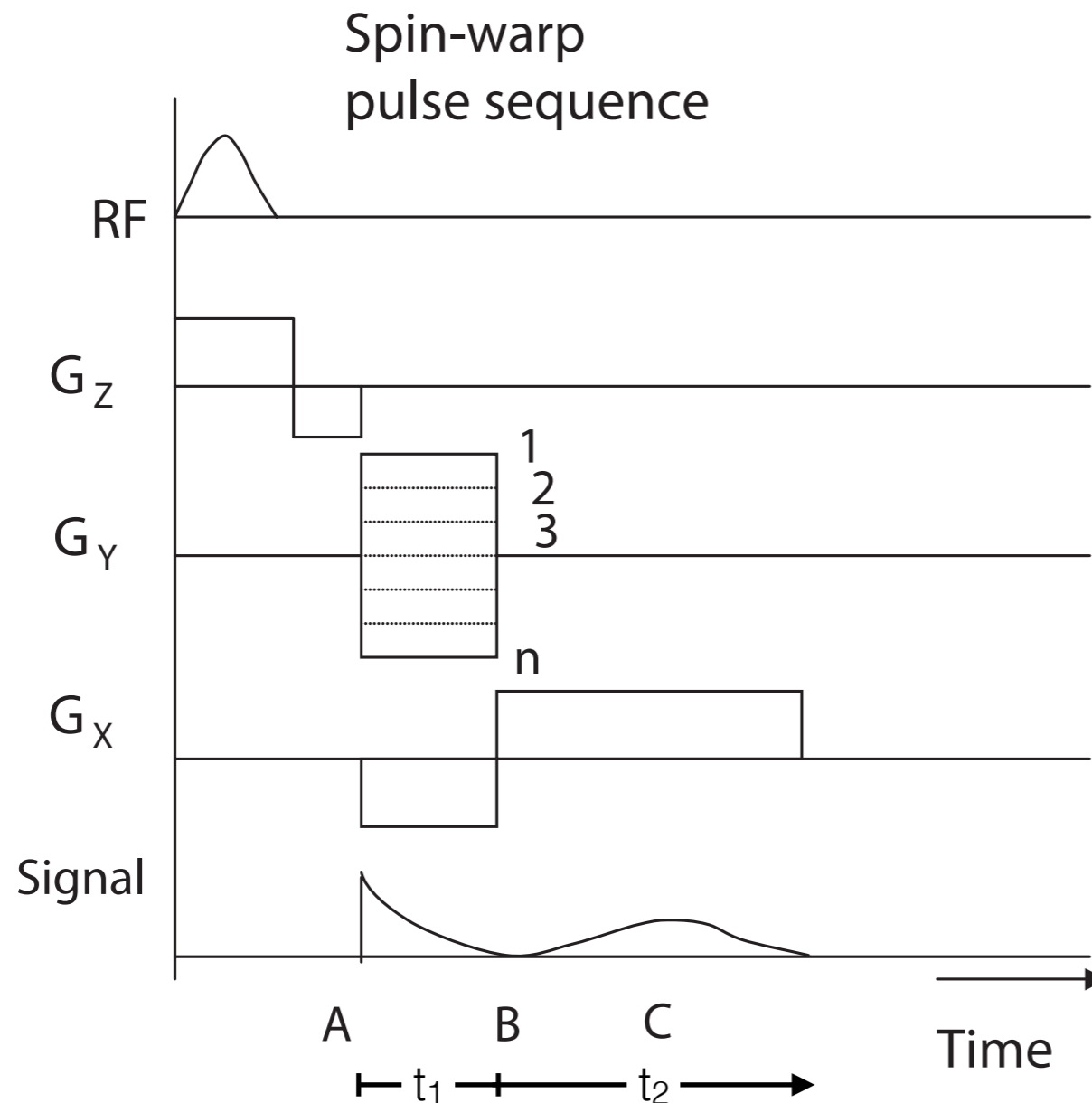
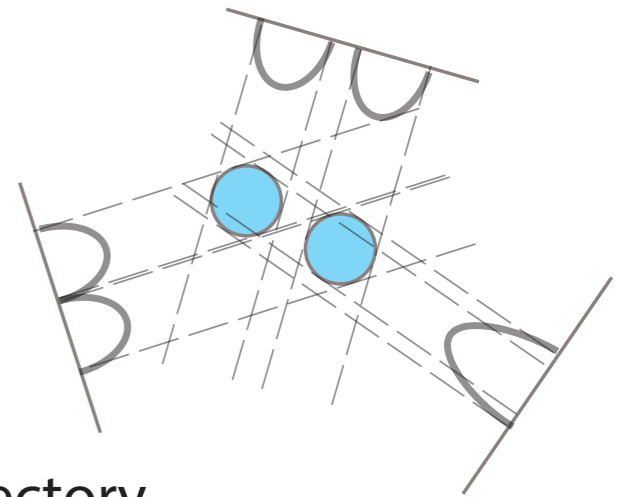
A full three-dimensional image could be obtained by acquisition along three gradient directions, X, Y, and Z, to yield a signal

$$s(k_X, k_Y, k_Z) = \int \rho(X, Y, Z) \exp\{i(k_X X + k_Y Y + k_Z Z)\} dX dY dZ.$$



# Multi-Dimensional Imaging?

## (ii) Fourier Imaging



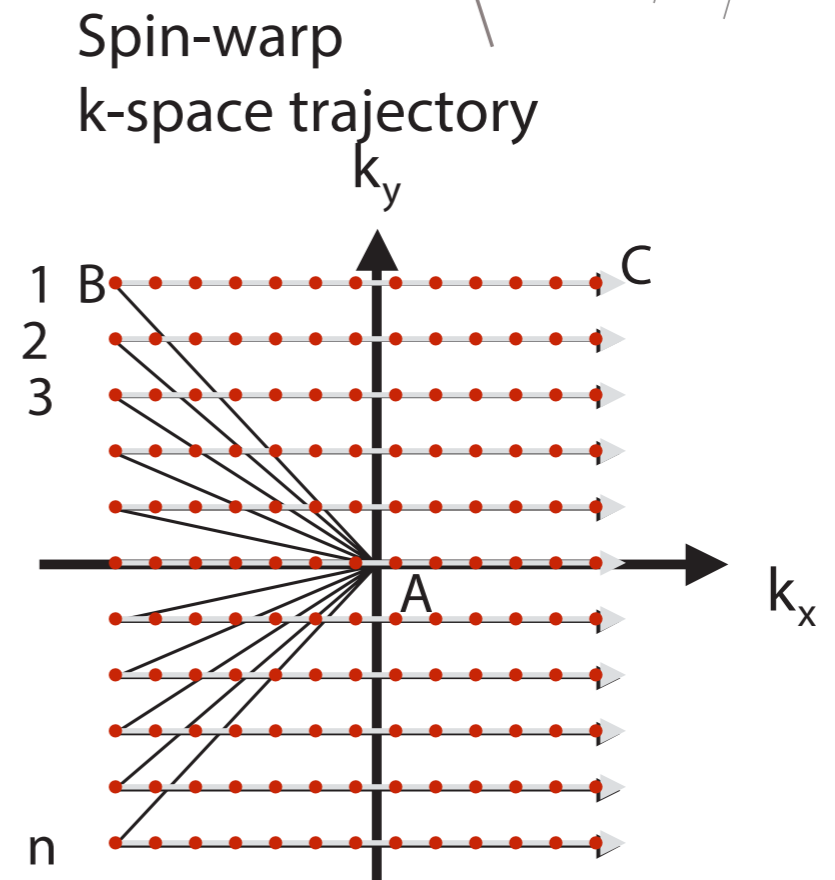
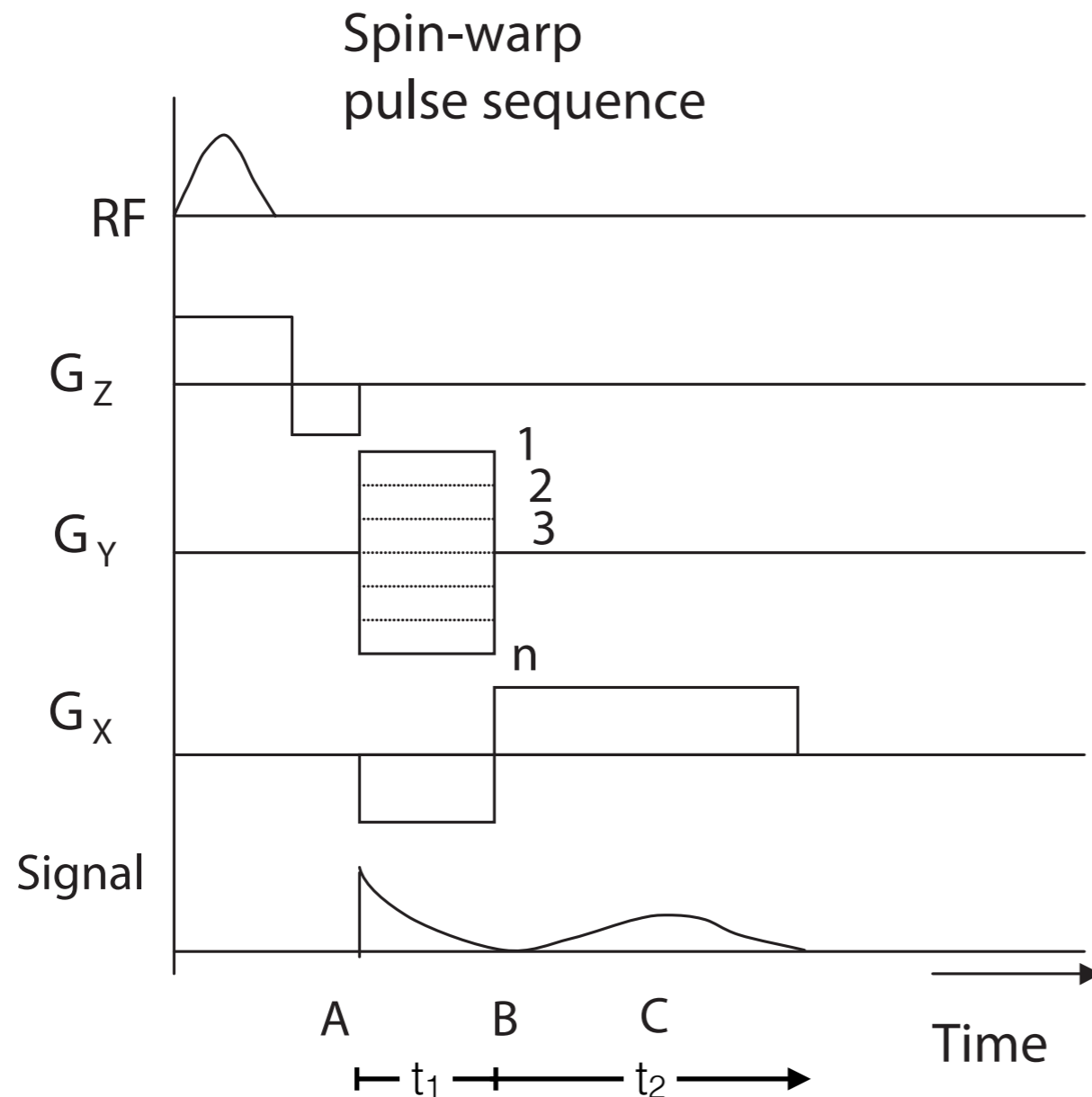
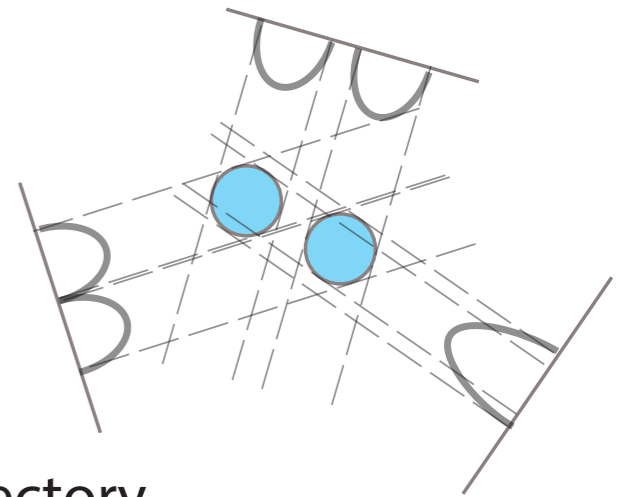
$$k_x = \gamma(-G_X^{acq} t_1 + G_X^{acq} t_2)$$

$$k_y(n) = \gamma(G_Y^n t_1)$$

In this example, the signal acquisition as a function of  $t_2$  is always done with the gradient direction being parallel to X, and being constant in amplitude  $G_X^{acq}$ . Conversely, from one experiment to another the duration,  $t_1$ , of the gradient applied along the Y direction is kept constant, but the amplitude of the gradient along Y is incremented from  $G_Y^{max}$  to  $-G_Y^{max}$  in 11 steps.

# Multi-Dimensional Imaging?

## (ii) Fourier Imaging

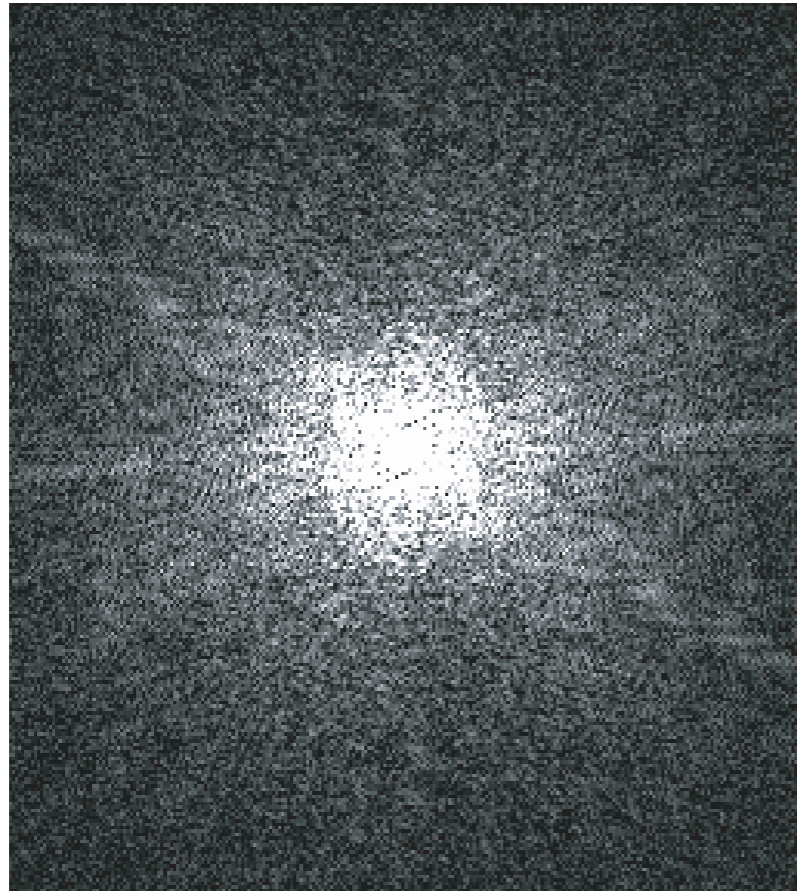


$$k_x = \gamma(-G_x^{acq} t_1 + G_x^{acq} t_2)$$

$$k_y(n) = \gamma(G_y^n t_1)$$

**Homework:** now draw the pulse sequence that would be used to acquire the projections shown in slide 20.

# Multi-Dimensional Fourier Imaging



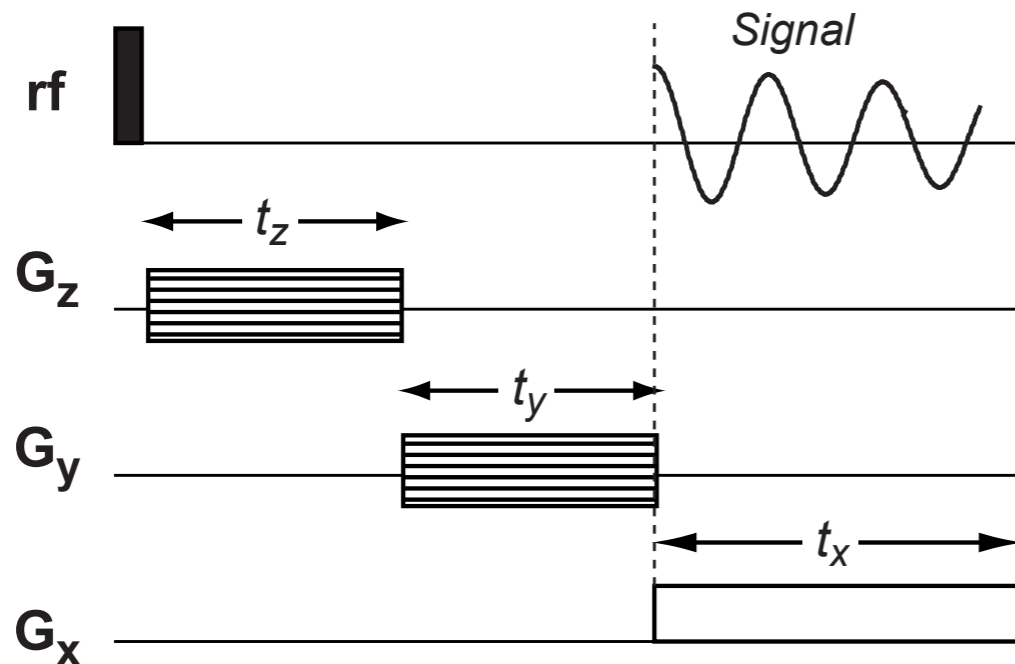
*k space*



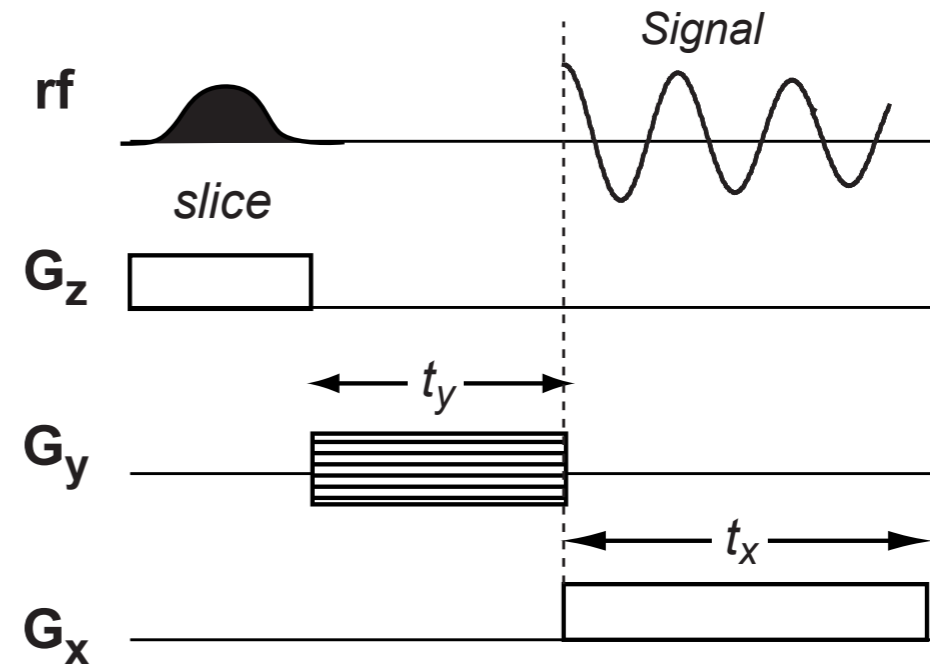
*Image space*

# Two- and Three-Dimensional Fourier Imaging

*3D*



*2D-slice*



Technical limitations for the pulsed field gradients (100 G/cm = 1 T/m)



Spatial resolution ( $\sim 50 \mu\text{m}$ )

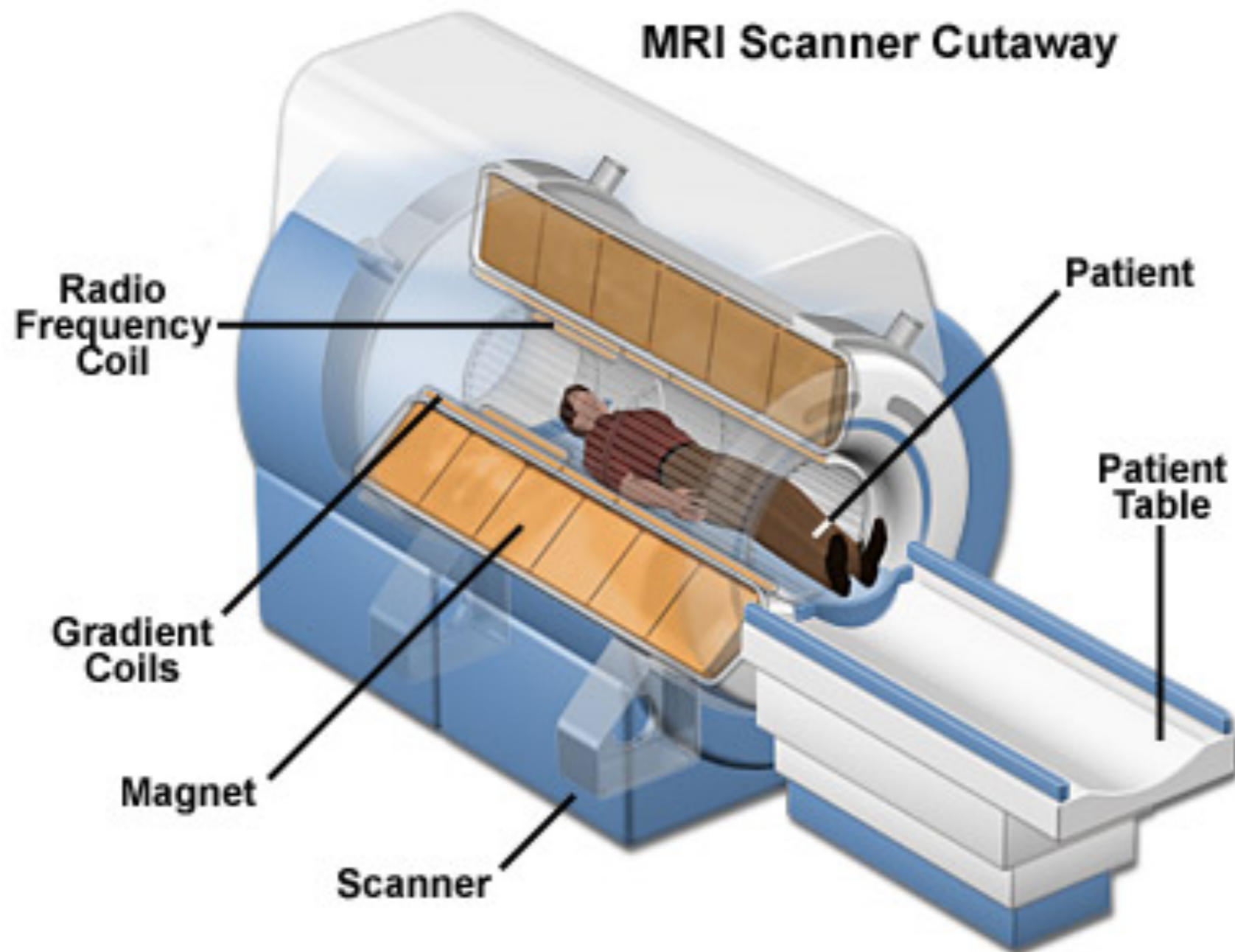
# Modern MRI



<http://health.siemens.com/mr/image-gallery/#/search/scanners:MAGNETOM%20Aera/image/73>

[http://www.newscenter.philips.com/pwc\\_nc/main/shared/assets/nl/Newscenter/2012/philips-en-isala-partnership/digitale-MRI-scanner.jpg](http://www.newscenter.philips.com/pwc_nc/main/shared/assets/nl/Newscenter/2012/philips-en-isala-partnership/digitale-MRI-scanner.jpg)

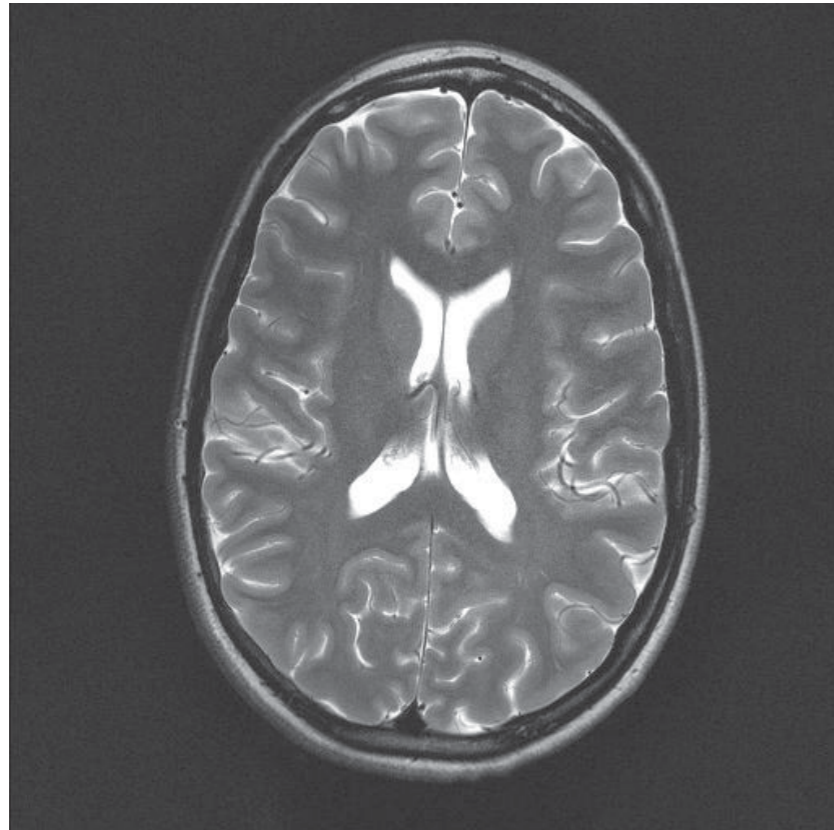
# The MRI Scanner



# The MRI Scanner



# Image contrast?

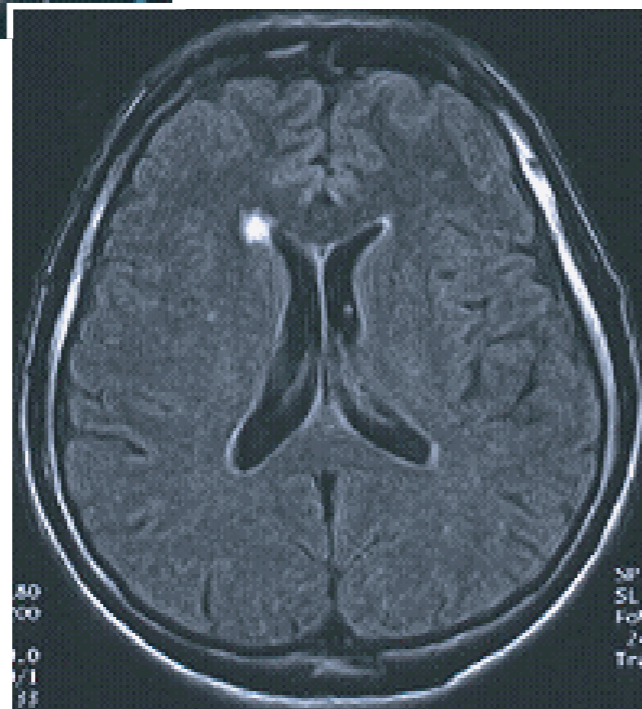
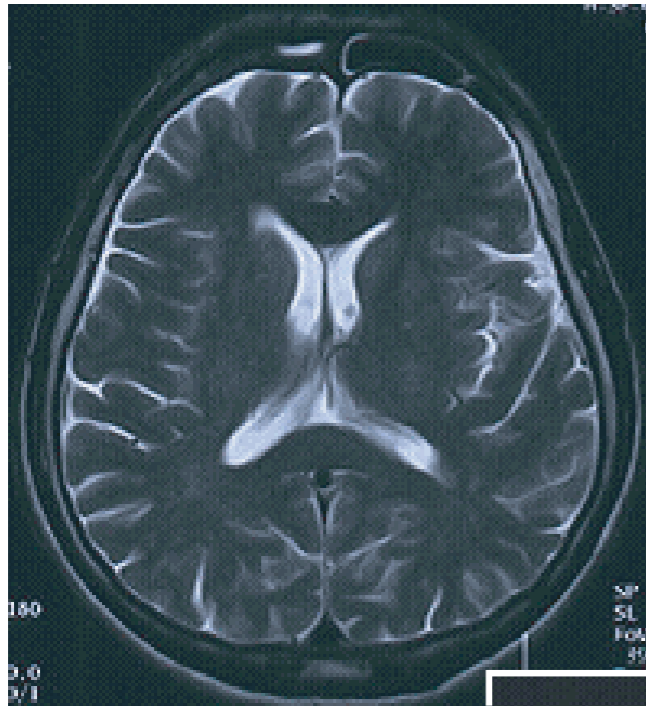


*Where does the contrast in this image come from?*

*Spin ( $H_2O$ ) density is more or less constant between white and grey matter....*

<i><b>tissue type</b></i>	<i><b>water content</b></i>
grey matter	71 %
white matter	84 %
heart	80 %
blood	93 %
bone	12 %

# Image contrast?



*Worse (!?), these two images are of the same patient, at the same time. In one, CSF is bright. In the other CSF does not appear, and a MS plaque is bright.....*

# Conclusions

- In the presence of a magnetic field gradient strong enough to obscure other effects, NMR spectra directly reflect spatial concentrations of spins
- The NMR is a projection of the spin density onto the direction of the field gradient.
- A multi-dimensional inverse (*k-space*) space can be defined where  $k_\alpha = \gamma G_\alpha t_i$  with  $\alpha = \text{e.g. } X, Y, Z$
- *k* space is linked to physical space by Fourier transformation. A generalisation of multidimensional spectroscopy.